Middlesbrough MND Care Centre Care Pathway for people affected by Motor Neurone Disease



Before diagnosis

Neurological symptoms suggestive of MND

Refer to consultant neurologist

To be seen in general clinic within 4 weeks Investigation to include: EMG/NCS, MRI, Bloods, +/-LP



Patient minimum information must include: 'MNDA: An introduction to MND' 'MND Middlesbrough Care Centre patient leaflet' 'Care centre advice line details'

MND confirmed/diagnosis is given

At diagnosis

Document subtype in patient medical notes:

- Amyotrophic Lateral Sclerosis (ALS)
- Progressive Bulbar Palsy (PBP) Progressive Muscular Atrophy (PMA)
- Primary Lateral Sclerosis (PLS)
- Kennedys

Refer patient MND Care Centre MDT

To be seen at home or in clinic by the MND nurse specialist within 2 weeks of referral.

Nurse specialist to be informed if patient is not to be contacted/seen



Riluzole

- 3 months' supply to be issued from JCUH
- Bloods (LFT, FBC, U&E, gamma GT) to be taken prior to commencing Riluzole and at months 1, 2 & 3.
 - GP to continue monitoring at months 6,9,12 & 6 monthly thereafter.
- Shared Care Protocol to be sent to GP after 3rd monthly blood results are available and no complications identified.

Following diagnosis

All newly diagnosed patients to be seen in Dr Evans general clinic within 4 weeks of diagnosis

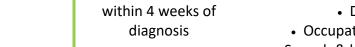
All patients offered the opportunity to be seen in the MND MDT clinic by:

- Consultant neurologist
 - Nurse specialists
 - Dietitian
- Occupational therapist
- Speech & language therapist
 - Physiotherapist

- Respiratory function
- Swallow and nutrition
- · Mobility, spasticity & pain
- · Social care, finance & housing
- Driving, Wheelchairs, aids & adaptations
 - Advance care planning

Onward referral

- Respiratory
- PEG MDT
- Psychology
- MND Association
- Palliative care
- AHP/Nursing/medical
 - Social care
- Wheelchair services



Care will continue in the community

Symptom management

- Psychological well-being
- Family assessment & support

Middlesbrough Care Centre Team Contacts

Role	Name	Number	Email
Consultant neurologist	Dr Janine Evans	01642 854318	Stees.MND@nhs.net
Advanced nurse specialist	Anthony Hanratty	01642 854318	Stees.MND@nhs.net / Anthony.hanratty@nhs.net
Community Outreach Practitioner	Jean Sowerby	01642 854318	Stees.MND@nhs.net / Jean.sowerby1@nhs.net
Specialist support sister	Deborah Armstrong	01642 854318	Stees.MND@nhs.net / Deborah.armstrong2@nhs.net
Care Centre Secretary	Debi Dryden	01642 854318	<u>Debi.dryden@nhs.net</u>
Speech & Language Therapist	Gill Everson	01642 818544	<u>Gill.everson@nhs.net</u>
Dietitian	Emma Wood	01642 854777	Emma.wood21@nhs.net
Occupational Therapist	Lisa O'Hara	01642 282654	<u>Lisa.ohara@nhs.net</u>
Physiotherapist	Adam Lewis	01642 852610	Adam.lewis6@nhs.net
Psychological therapist	Allison Bell	07442706177	Allison.bell@nhs.net