

	What action do I need to take?	What happened?	Informed MND Association <i>Tick when completed</i>	Notes/Next steps
Step 1 Find out who your councillors are and request a meeting				
Step 2 Prepare for your meeting				
Step 3 At the meeting				
Step 4 Follow up immediately after your meeting				
Step 5 Maintain dialogue with your council				
Step 6 Put forward your case at a council meeting				
Step 7 The council agrees to adopt it!				

	What action do I need to take?	What happened?	Informed MND Association <i>Tick when completed</i>	Notes/Next steps
Step 8 Promote your success locally				
Step 9 After the adoption				

Notes:

Please send a copy of your completed plan to campaigns@mndassociation.org. This will really help us to capture all the activity that took place